
EXTRALOBAR PULMONARY SEQUESTRATION : A CASE REPORT AND REVIEW OF LITERATURE OF A RARE CONGENITAL DISEASE

By

Yasser Shaban Mubarak;
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Extralobar pulmonary sequestration [ELS] is a rare congenital pulmonary malformation compared with its counterpart, intralobar pulmonary sequestration [ILS], and occurs less in females.¹

INTRODUCTION:

Pulmonary sequestration (PS) is non-functional lung tissue, which does not connect to the tracheobronchial tree, and is fed by systemic arterial circulation. It is a rare congenital anomaly. It accounts for 0.15% - 6% of all congenital pulmonary malformations. The term pulmonary sequestration was first used in 1946 by Price. Pulmonary sequestration is divided into two groups (75%-85% Intralobar and 15%-25% Extralobar) depending on the presence of pleura that covers abnormal lung tissue. There are other differentiation factors; age, localization, arterial supply, venous drainage, symptoms, and other anomalies. Both are frequently in the left hemithorax and lower lobe. Males are more likely to have pulmonary sequestration than women. Extralobar sequestration occurs 4 times more in men than women. Extralobar sequestration is usually located outside the visceral pleura. The arterial supply is found to be through 95% systemic (thoracic or abdominal aorta) and 5% pulmonary artery. Venous drainage is through 75% in systemic vein (IVC, portal, azygos) and 25% in pulmonary veins. Other congenital anomalies commonly coexist with ELS (65%) are diaphragmatic hernia, pulmonary hypoplasia, congenital cystic adenomatoid malformation, and bronchogenic cyst. Majority of ELS are asymptomatic and discovered incidentally. Other symptoms are recurrent chest infection, growth retardation, and dyspnea².

Case Report

A 6 years old male presented with recurrent chest infection. Chest infection did not resolve clinically nor radiologically by chest x-ray. Computerized tomography of the chest showed a large area of destroyed lung within the medial aspect of the left hemithorax (Fig.1).

Excision of left extralobar sequestration (sequestrectomy) was done through left posterolateral thoracotomy. During excision of ELS, careful attention to ligate arterial

supply to avoid uncontrollable bleeding and venous drainage to avoid pulmonary infarction. Its arterial blood supply was branches from the descending thoracic aorta and its venous drainage was to the inferior hemiazygous vein. The sequestered lobe was separate from the normal lung and entirely covered by its own visceral pleura. There were no communications with the tracheobronchial tree. After excision of ELS and securing vascular supply, the left lower lobe was healthy and inflated without residual space. Also, there were no other congenital anomalies. Routine

closure of thoracotomy and insertion of 2 intercostal chest tubes (ICT). The resected specimen was sent to pathological examination (Fig. 2). Histological analysis revealed a dilated cystic wall lined with respiratory epithelium, with mucous glands and cartilage, there was no evidence of malignancy, diagnosed an ELS.

Postoperative course passed uneventful. The patient discharged on 5th postoperative day (POD) after removal ICT.

DISCUSSION

Pulmonary sequestration is rare lung anomaly which had many theories of origin². Pulmonary sequestrations are developmental anomalies defined as presence of pulmonary tissue in the thorax without bronchial communications. The blood supply to sequestrations may be from systemic or pulmonary vessels. The usual clinical presentation is recurrent localized chest infection resistant to medical treatment. Increasing the size of sequestration due to secretions causes atelectasis of the neighboring normal lung. Sometimes, in case of ELS, recurrent infection can establish a connection between sequestration and adjoining bronchus by erosion³.

Posterolateral thoracotomy is an appropriate approach for excision of ELS with careful ligation of vascular structures². Surgery to treat ELS is usually not difficult if neither inflammation nor fibrosis, from previous recurrent infections, are present. However, in some cases, no aberrant vessel can be identified

preoperatively. When aberrant vessels cannot be identified preoperatively, it is necessary to pay close attention to unexpected disruption of the vessels. Preoperative confirmation of aberrant vessels by using imaging methods makes the surgery easy and safe in patients with pulmonary sequestration. Multidetector CT provides useful information without the necessity of invasive methods such as angiography in patients with congenital lung anomalies⁴. Complete excision of the sequestered lung using a video-assisted thoracoscopic approach is our hope in future.

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Fig.(1) Axial view, CT chest with contrast showed ELS adjacent to left lower lobe.



Fig. (1) Coronal view of CT chest showed ELS in left , basal , and medial hemithorax.



Fig.(2)The resected specimen of ELS showed that no tracheobronchial connections , aberrant blood vessels , and its own visceral pleural .